

Weekly Bible-centered lessons for mentoring children, 4-12.

Can be used by families, churches, organizations mentoring children

By Rev. GG Tinshu

WEEK 1: LOVE

1. Definition:

Love means caring about others and showing it by what you say and do.

2. Bible Verse:

"Love one another. As I have loved you, so you must love one another." — John 13:34

3. Illustration:

Emma saw a new girl sitting alone at recess. Even though her friends were playing tag, she walked over, smiled, and asked, "Want to play with me?" The new girl smiled big, and they played the whole time together. That's love—thinking about others and making them feel special.

4. Application:

- Say kind words to someone every day.
- Share something you enjoy with someone else.
- Pray for a friend or family member.

WEEK 2: KINDNESS

1. Definition:

Kindness means being nice and helpful to others.

2. Bible Verse:

"Be kind and compassionate to one another." — Ephesians 4:32

3. Illustration:

Liam noticed his friend had dropped all his crayons. Instead of laughing, he bent down and helped pick them up. His friend smiled and said, "Thanks!" That was kindness in action.

4. Application:

- Say "please" and "thank you" often.

- Help someone without being asked.
 - Compliment someone today.
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WEEK 3: RESPECT

1. Definition:

Respect means treating people the way you want to be treated—with care and honor.

2. Bible Verse:

"Show proper respect to everyone." — 1 Peter 2:17

3. Illustration:

Sophia always says "yes, ma'am" and "no, sir" to her teachers. She listens when they talk and doesn't interrupt. Her teacher tells the class, "Sophia is respectful." That's showing respect!

4. Application:

- Listen when someone is talking.
 - Don't talk back to adults.
 - Take care of things that aren't yours.
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WEEK 4: OBEDIENCE

1. Definition:

Obedience means doing what you are told by those in charge—right away, with a good attitude.

2. Bible Verse:

"Children, obey your parents in the Lord, for this is right." — Ephesians 6:1

3. Illustration:

When Mom asked Caleb to clean up his toys, he said, "Okay!" and got started right away—even though he wanted to keep playing. That's obedience!

4. Application:

- Do what your parents ask the first time.
 - Follow the rules at school or practice.
 - Obey God's Word, even when no one is looking.
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WEEK 5: HONESTY

1. Definition:

Honesty means always telling the truth and not hiding the truth.

2. Bible Verse:

"The Lord detests lying lips, but He delights in those who tell the truth." — Proverbs 12:22

3. Illustration:

Jayden accidentally broke a toy while playing. When his teacher asked what happened, he told the truth, even though he was scared. She said, "Thank you for being honest." That made Jayden feel proud inside.

4. Application:

- Tell the truth, even when it's hard.
 - Don't take things that aren't yours.
 - Admit when you've made a mistake.
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Week 6: Forgiveness

1. **Definition:** Forgiveness means choosing to let go of anger when someone hurts you and not holding it against them.
2. **Bible Verse:** *"Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."* — Ephesians 4:32
3. **Illustration:** A boy's friend broke his toy by accident. At first, he was upset, but when his friend said sorry, he forgave him. Forgiveness made their friendship stronger.
4. **Application:**
 - Say "I forgive you" when someone says sorry.
 - Don't keep remembering the wrong someone did.
 - Pray for people who hurt you.

Week 7: Gratitude

1. **Definition:** Gratitude means being thankful for what you have, instead of always wanting more.
2. **Bible Verse:** *"Give thanks in all circumstances; for this is God's will for you in Christ Jesus."* — 1 Thessalonians 5:18
3. **Illustration:** A girl thanked God for her one doll and played joyfully. Another child with many toys was still unhappy. Gratitude brings joy.
4. **Application:**
 - Say "thank you" often to God and people.
 - Keep a list of things you are thankful for.
 - Smile instead of complaining.

Week 8: Humility

1. **Definition:** Humility means not thinking you are better than others and treating everyone with respect.
2. **Bible Verse:** *"Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves."* — Philippians 2:3
3. **Illustration:** Two boys scored goals in soccer. One bragged, "I'm the best!" The other said, "Good job, team!" The humble one made everyone feel good.
4. **Application:**
 - Don't brag when you win.
 - Say kind words to encourage others.
 - Be willing to help, even in small ways.

Week 9: Perseverance

1. **Definition:** Perseverance means not giving up, even when something is hard.
2. **Bible Verse:** *"Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up."* — Galatians 6:9

3. **Illustration:** A boy kept practicing soccer kicks even though he missed many times. After weeks of trying, he finally scored!
 4. **Application:**
 - Keep trying, even when you fail.
 - Don't quit when something feels hard.
 - Ask God for strength to keep going.
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Week 10: Faith

1. **Definition:** Faith means trusting God, even when you don't know what will happen.
 2. **Bible Verse:** *"Now faith is confidence in what we hope for and assurance about what we do not see."* — Hebrews 11:1
 3. **Illustration:** Abraham trusted God and left his home to go to a new land he didn't know. His faith pleased God.
 4. **Application:**
 - Believe God hears your prayers.
 - Trust God when you feel worried.
 - Read Bible stories of people who had faith.
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Week 11: Patience

1. **Definition:** Patience means waiting calmly without getting upset.
 2. **Bible Verse:** *"But if we hope for what we do not yet have, we wait for it patiently."* — Romans 8:25
 3. **Illustration:** A girl planted a seed. Every day she watered it, but it took weeks before the plant grew. Her patience was rewarded with a flower.
 4. **Application:**
 - Wait your turn without complaining.
 - Stay calm when things take longer than expected.
 - Ask God for help when it's hard to wait.
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Week 12: Generosity

1. **Definition:** Generosity means sharing what you have with others freely.
 2. **Bible Verse:** *"A generous person will prosper; whoever refreshes others will be refreshed."* — Proverbs 11:25
 3. **Illustration:** A boy had two apples. He gave one to a friend who had none. Later, another friend shared with him too. His generosity brought blessings.
 4. **Application:**
 - Share your toys or food.
 - Give to those who have less.
 - Be willing to help without expecting something back.
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Week 13: Courage

1. **Definition:** Courage means being brave enough to do the right thing, even when it's hard.
 2. **Bible Verse:** *"Be strong and courageous. Do not be afraid... for the Lord your God will be with you."* — Joshua 1:9
 3. **Illustration:** David faced the giant Goliath with just a sling and stones. He was not afraid because God was with him.
 4. **Application:**
 - Stand up for what is right, even if others don't.
 - Try new things without fear.
 - Pray when you feel scared.
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Week 14: Responsibility

1. **Definition:** Responsibility means taking care of what you are supposed to do.
2. **Bible Verse:** *"Each one should carry their own load."* — Galatians 6:5
3. **Illustration:** Two children had chores. One fed the dog every day, but the other forgot. The responsible one kept the dog healthy.
4. **Application:**

- Do your chores without reminders.
 - Finish homework on time.
 - Keep your promises.
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Week 15: Self-Control

1. **Definition:** Self-control means being able to stop yourself from doing wrong things, even when you feel like it.
2. **Bible Verse:** *“Like a city whose walls are broken through is a person who lacks self-control.”* — Proverbs 25:28
3. **Illustration:** A boy wanted to eat all the cookies at once. Instead, he used self-control and ate just one. He saved the rest for later and enjoyed them longer.
4. **Application:**
 - Don’t hit or shout when angry.
 - Wait instead of grabbing or taking.
 - Choose good words and actions, even when upset.